

ST. ELIZABETH THE NEW MARTYR



PASTORAL CARE MINISTRY



ST. NICHOLAS ORTHODOX
CHURCH
PORTLAND, OREGON
503 245-2403

CARING FOR ONE ANOTHER

As we seek to follow the Gospel we are urged to remember that those who make up the Body of Christ are “members of one another” (Eph 4:25) and that we are “knit together in love” (Col 2:2).

The St. Elizabeth Pastoral Care Ministry invites you, as need arises, to request or to participate in any of the following:

† Meals/Rides/Errands for those who are ill/post surgery, etc.

To **request** any of the above contact Daria Gray @ 503-245-2403.

† Intercessory prayer

Request prayers for individuals by using the **green request forms** and placing them in the corresponding box located on the candle table in the narthex. Members of the intercessory prayer group will include these names in their daily prayer.

† Prayer Fellowship

Include in your daily prayers the names of parish members from prayer sheets distributed in the Sunday Bulletins the 1st of each month.

† Prayer Shawl knitting / crocheting

While working on a comfort shawl, pray for the person for whom it will be a gift.

† **Unction for Health and Healing**
Second Saturday of the month after Vespers.

† **Card Writing**
Everyone appreciates a note from friends, especially when sick or isolated.

† **Blood Pressure Screening**
Offered by Jennifer McDonald on the 5th Sunday of the month, following Divine Liturgy.

† **Lay Pastoral Visitations**
Under direction of Fr. George.

THESE MINISTRIES ARE OPEN TO EVERYONE IN OUR PARISH

To join prayer shawl knitting group contact:
Julia Wick

- † To join the Intercessory Prayer Group contact: Jeanette Warner
- † Additional Sign-up Sheets are on the bulletin board downstairs in the parish hall if you have interest in helping with the other ministries.

Publications on prayer:

- **Beginning to Pray** (Bloom)
- **The Orthodox Way** (Ware)
- **Building a Habit of Prayer** (Conciliar Press)